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NEWS RELEASE -MEETING AGENDA

TO: Concho Valley Regional Advisory Committee on Aging
FROM: Toni P. Roberts, Aging Services Director, Area Agency on Aging of the Concho Valley
DATE: January 14th, 2019
SUBJECT: Meeting Agenda

The regular meeting of the Concho Valley Regional Advisory Committee on Aging will be held Wednesday, January 23rd, 2019 beginning at 10:00 a.m. at the Concho Valley Regional Training Center, 2801 W. Loop 306, Suite A, San Angelo, TX

AGENDA

1. Determination of a quorum and call to order Linda Alastuey, Vice-Chair
2. Invocation & Pledge of Allegiance
3. Welcome guests
4. Review/Approval of minutes from November 28th, 2018 meeting
5. Texas Silver Haired Legislature Report (TSHL) report; TSHL Election Calendar 2019
6. Aging Director's Report: Funding updates, Planning Budget status update - approved to purchase 5 new computers; Area Plan Progress Report, Review of proposed EBI programs, HICAP efforts
7. Benefits Counseling Open Enrollment 2018 overview - Yolanda Torres, AAA Supervisor
8. Discussion: Review draft of proposed Operating Guidelines updates/Q&A
9. Concho Valley Transit updates/discussion: Jeff York and Katy Matschek - Partnership with CVT to increase clientele for AAA Caregiver program; CVT pamphlet - input requested
10. Member Discussion & Input: Rural Outreach planning efforts; input needed on Points of Contacts in each county, suggestions on promoting efforts.
11. Other Business/Announcements
12. Next Meeting: Wednesday, March 27th, 2019 - Concho Valley Regional Training Center

A program of the Concho Valley Council of Governments *Funded in part by Texas Health and Human Services

Coke, Concho, Crockett, Irion, Kimble, Mason, McCulloch, Menard, Reagan, Schleicher, Sterling, Sutton and Tom Green Counties

MINUTES OF MEETING REGIONAL ADVISORY COMMITTEE ON AGING
November 28th, 2018

The Regional Advisory Committee on Aging (RACOA) met on Wednesday, November 28, 2018 beginning at 10:05 a.m. at the Concho Valley Area Agency on Aging meeting room, 2801 W. Loop 306, Suite A, San Angelo, Texas.

Members present were:

Linda Alastuey
Mary Cortinas
Lynn English
Maggie Farrington
Beth Grounds
Mary Kay Henson
Louise Jacobsen
Sherry Hubbard
Erin Kelly
Wayne Merrill
Sheri Millican
Deborah Palmer
Mary Roden
Dolores Schwertner

Staff present were:

Toni P. Roberts
Crystalin Pattillo

Guests included:

August Roden - Mary Roden's Husband

BUSINESS

CALL TO ORDER

Chairman, Dolores Schwertner, announced the presence of a quorum and called the regular meeting of the Regional Advisory Committee on Aging (RACOA) to order at 10:05 a.m.

INVOCATION AND PLEDGE OF ALLEGIANCE

Mary Roden gave the invocation and led the Pledge of Allegiance.

WELCOME GUESTS

August Roden was introduced and welcomed.

APPROVAL OF MINUTES

The minutes of the September 26th meeting were reviewed and approved.

TEXAS SILVER HAired LEGISLATURE (TSHL) REPORT

Member Sherry Hubbard stated in the period before the start of the Legislative session the Texas Silver Haired Legislature is working on the 46 resolutions they passed. Sherry is working on the Education related resolutions, for retired education employees of the State, with Scott Christianson. The next Texas Legislative session begins in January. The next Texas Silver Haired Legislature session begins in April.

Member Wayne Merrill stated the budget for TSHL was recently completed. Wayne is on the Energy and Utility Committee; the issues of roads being damaged by large trucks and flooding is going to be brought to the attention of the energy companies in an attempt to get them to help pay for these costs.

AREA AGENCY ON AGING (AAA) DIRECTOR'S REPORT

Director Roberts provided updates on the following:

FY 19 Planning budget – Submitted on November 2nd. Closeout due December 17th. Continuation funds are not accessible until Closeout is approved. AAA's are no longer required to participate in the Carry Over Pool, as in previous years, which means that AAA's are able to carry forward funds, meeting cap requirements. Planning budget contains anticipated carry over funds. NFA -Notification of funds available, fractions of the funds available to use are released to the AAA's as they are received from the Federal level.

Caregiver (CG) Program - In FY17, there were 25 CG clients and in FY18, 68 CG clients. The qualifications for this program are that the client must be someone 18 or older providing care, informally, to a person 60 or older. Flyers are available that detail the different services available under this program.

Care Coordination Program – Reduction in client number from FY17. Josie Luna has become the Program Coordinator for both Care Coordination and Caregiver. This has allowed for better determination of the client's needs, CG vs CC. Another reason for the reduction in clientele, is that in FY 18, AAA did not manage the caseload of clients who were receiving 5310 funds; the 5310 program was taken over by CVCOG Regional Coordination.

Stress Busting/EBI program updates – In FY17, ended with 25 units; in FY18, ended with 58 units. The AAACV is seeking to add additional programs to help increase units for EBI, but that are feasible for staff to facilitate, as well as, are less restrictive to class participation. Examples of this include: programs that are cost effective, less weeks in a class, physical fitness, can be administered one-on-one, ease of training, and are for the general 60+ population.

The current EBI program - Stress Busting - requires 2 Master Trainers for each class, or 1 Master Trainer and a trained Coach (volunteer), is costly to have additional staff trained, is a 9 week class with 1.5 hours of class time each week, and is specific to Caregivers.

Packet(handouts)-

- FY18 Overview of Services by county - In FY 19, AAACV will focus on the 5 counties that had the least amount of clients served in FY 18.
- FY19 Overview of AAA Services Planning figures: Increased in most categories, not accounting for carry over funds in the CG Respite Provider category.
- FY 19 Service Definitions: few changes if any from previous year's version.
- AAA Performance Measures 2018-2019: Projections were completed 3-5 years ago. Revisions allowed one time/year; must be within a 5% +/- variance.
- Area Agency on Aging/211 Work Chart: Updated staff chart.
- FY19 RACOA meeting schedule.
- RACOA forms - annual update needed.

CONCHO VALLEY TRANSIT -JEFF YORK (ASSISANT GM)

Concho Valley Transit -New informational packet developed and distributed. The following topics are covered: Fares and Passes, San Angelo Fixed Routes, ADA (Americans with Disabilities Act) Paratransit, Medicaid Transportation Services, Elderly and Disabled Transportation (5310), Rural General Public, & Charter Services. All rural counties can ride inter-county & to San Angelo fare free. Concho Valley Transit provides approximately 400-600 rides daily.

OTHER BUSINESS /ANNOUNCEMENTS

Foster Grandparents/Senior Companions/RSVP update -Chair Schwertner - many programs are out of compliance related to changes made regarding Criminal Background checks; the Corporation is having the programs go through vendors to re-check every Foster Grandparent/Senior Companion/RSVP volunteer. The programs are no longer able to use the free Background Check/ Nation Sex Offender registry. ASP (Alternate Search Procedure) - the State of Texas has a law that says you cannot share the Texas Department of Safety Background checks. When the State would come to check compliance all that could be seen was a sign off that the check was performed. ASP is going away at the end of next year.

ADJOURNMENT

The meeting was adjourned at 11:22a.m. duly adopted at a meeting of the Regional Advisory Committee on Aging this 28th day of November, 2018. The next RACOA meeting is scheduled for Wednesday, January 23, 2019.

Minutes completed by Crystalin Pattillo.

Requested changes to November RACOA minutes

The following changes were made to the Texas Silver Haired Legislature (TSHL) Report section:

“The next **Texas** Legislative session begins in January. **The next Texas Silver Haired Legislature session begins in April.**”

Verbiage was added clarify when each legislative session is going to begin.